



### **INGREDIENTS**

# **Bubble & Squeak**

- 6 tbsp unsalted butter or vegetable oil
- □ 1/2 cup finely chopped leeks
- ☐ 2 cups mashed potatoes

#### **Corned Beef**

- □ 1lb corned beef
- □ 1/2 head Cabbage
- □ 2 cups brussels sprouts
- □ 1 cup carrots

## **INSTRUCTIONS**

## **Bubble & Squeak**

- 1. Melt butter over medium heat in a pan.
- 2. Add leeks and saute for two minutes until tender.
- 3. Fold mixture into mashed potatoes and mold into cakes.
- Pan-sear over medium heat for six minutes on each side until cooked.
- 5. Add salt and pepper to taste.

## **Corned Beef Wrap with Veggie Side**

- 1. Wash and blanch cabbage until tender.
- 2. Place corned beef in cabbage
- 3.and roll to create a wrap.
- 4. Wash Brussels sprouts and carrots.
- 5. Pan-sear Brussels sprouts and carrots on medium heat until
- 6.golden brown.
- 7. Garnish with parsley and plate
- 8. with Bubble & Squeak.