

Healthcare Services Group (HCSG) offers a comprehensive array of benefits that promote health and financial security for you and your family. The information enclosed will provide a detailed summary of the benefits available to you. Please review it thoroughly to choose the coverage that best meets your needs.



As an HCSG employee, you are eligible for benefits if you meet the hours requirements outlined in page 2 of this brochure. If eligible, benefits are effective at the 1st of the month following 60 days of employment.

You can choose to cover:









Once your benefit elections become effective, they will carry over year to year unless canceled during open enrollment.

If you do not enroll within your new hire eligibility period, you will have to wait until the next open enrollment or until you have a qualifying life event.

You must notify benefits within 30 days of a qualified life event in order to make any applicable changes.

Examples of Life Events:

LOSS OF HEALTH COVERAGE

- Loss of health coverage.
- Losing existing health coverage, including job-based, individual, and student plans.
- Losing eligibility for Medicare, Medicaid, or CHIP.
- Turning 26 and losing coverage through a parent's plan.
- Hour changes such as going from part time to full time, vice versa.

CHANGES IN THE HOUSEHOLD

- Getting married or divorced.
- Having a baby or adopting a child.
- Death in the family.

PLANS TO MEET YOUR NEEDS

HCSG understands that our employees and their families have different needs, that is why we are proud to offer a number of coverage options.

BENEFITS AVAILABLE	MIN OF 20 HOURS/WEEK	MIN OF 30 HOURS / WEEK
Minimum Essential Coverage (MEC) / Wellness Medical Plan: Provide coverage for over 80 preventive services without the insured having to pay a co-pay, deductible or co-insurance.	•	•
Minimum Essential Coverage (MEC) Heavy Medical Plan: A more comprehensive plan that covers services beyond the Minimum Essential Coverage Plan.		•
Minimum Value Plan (MVP): The MVP is a high deductible plan and is compliant with the Affordable Care Act.		•
Dental Insurance from Guardian: Offers coverage for basic and / or major dental services.	•	•
Vision Insurance from VSP: Provides coverage for ongoing vision care expenses like routine eye exams, prescription glasses and contact lenses.	•	•
Limited Benefit Medical Plans from Companion Life: Choice of indemnity plans that can help with basic medical expenses.	•	•
Other Major Medical Insurance Options: More comprehensive major medical insurance plans are available. Plans vary by state.		•
Short Term Disability: Replaces a portion of your income if you become disabled from a covered accident or sickness.	•	•
Life Insurance: Assigned beneficiary can receive a sum of money upon death of an insured person.	•	•
Accident Plan: Pays money directly to you if you suffer a covered injury.	•	•
Cancer Plan: Pays money to help with the medical and non-medical expenses related to cancer.	•	•
Hospital Indemnity Insurance: Several indemnity plans available to enhance your base medical plan. Indemnity plans pay a specific amount for specific services.		•
Critical Illness: Pays a lump sum benefit upon diagnosis of a covered critical illness.	•	•
Employee Assistance Program: WorkLifeMatters Employee Assistance Program offers services to help promote well-being an enhance the quality of life for you and your family.	•	

YOUR HEALTH IS IMPORTANT TO US!

TELEMEDICINE IS NOW AVAILABLE FOR ALL EMPLOYEES





- √ As an HCSG employee, you will have access to Doctors 24 / 7 / 365!
- ✓ Available to you by Phone, Tablet or Desktop Computer.
- √ \$0 Copays!
- ✓ Complimentary coverage for you AND spouse and dependent children!
- ✓ Prescriptions can be sent to local pharmacy if necessary.
- ✓ Access doctors as often as you need.





Complimentary Telemedicine now available for all employees. Register today at www.MDLive.com or download the MD Live app. Contact your manager or benefits@hcsgcorp.com with questions.



Minimum Essential Coverage (MEC)

- Plan focuses on **Preventative Medical Care**.
- Covers 100% of the cost for over 80 preventive services.
- Does not cover Hospital services.

RealTimeChoices

MINIMUM ESSENTIAL COVERAGE PLAN (Offered through Key Benefit Administrators, Inc.)

Covered Benefits	In-Network
Deductible (Single / Family)	\$0 / \$0
Coinsurance (Employee Portion)	100%
Out-of-Pocket Maximum (Single / Family)	\$0 / \$0
PPO Network	
Emergency Room Services	N/A
Inpatient Hospital Services	N/A
Primary Care Visit to treat an illness or Injury	N/A
Specialist Visit	N/A
Mental / Behavioral Health and Substance Abuse Disorder Services	N/A
Advanced Imaging (CP, PET Scans, MRI's)	N/A
Rehabilitative Speech Therapy	N/A
Rehabilitative Occupational and Rehabilitative Physical Therapy	N/A
Preventive Care, Screening, Immunization	Covers 100% of the government's 84 listed preventive and wellness benefits
Laboratory Outpatient and Professional Services	N/A
X-rays and Diagnostic Imaging	N/A
Outpatient Facility Fee	N/A
Outpatient Surgery Physician / Surgical Services	N/A
Chronic Disease Management (CDM)	N/A
Life AD&D Benefit	N/A
RealTime Services	
RealTimeTelemed	Unlimited Calls

Unlimited Access

Minimum Essential Coverage Plus (MEC Plus)

• This plan includes everything in the MEC Plan, with the addition of the indemnity benefits .

MINIMUM ESSENTIAL COVERAGE PLUS PLAN

(Offered through Key Benefit Administrators, Inc.)

Covered Benefits	In-Network
Inpatient Hospital Daily Indemnity Benefit	\$300 daily benefit, 150 maximum days
Outpatient Physician Office Visit Daily Indemnity Benefit	\$50 per day, 6 day maximum per benefit period
Outpatient Diagnostic X Ray and Lab Daily Indemnity Benefit	\$50 per day, 2 day maximum per benefit period
Daily Prescription Drug Benefit	\$10 per day, 12 day maximum per benefit period
Initial Hospital Admission Daily Indemnity Benefit	\$500 per day, 1 day maximum with 1 Admission per benefit period
Ambulance Service Daily Indemnity Benefit	\$100 per day, 3 day maximum per benefit period
Employee Group Term Life	\$5,000 per Employee \$2,500 per spouse \$1,250 per dependent
Covered Benefits	
RealTimeTelemed	Unlimited Calls
RealTimeChoices	Unlimited Access



Minimum Essential Coverage (MEC) Heavy Plan

- Covers 100% of the cost for over 80 preventive services.
- Does not cover Hospital services.
- Includes Generic Prescription coverage

MEC HEAVY PLAN

(Offered through Key Benefit Administrators, Inc.)

Covered Benefits	In-Network
Deductible (Single / Family)	\$0 / \$0
Coinsurance (employee portion)	0%
Out-of-Pocket Maximum (Single / Family)	\$5,000 / \$13,200
PPO Network	
Chronic Disease Management (CDM) Benefit	Covered services at 100% (61 services) for 25 Predefined Chronic Diseases
Preventive Care/Screening/Immunization (MEC)	Covers 100% of the 84 listed Preventive and Wellness Benefits (See page title Preventive Care)
Laboratory Outpatient and Professional Services (Non Emergency Room Only)	\$75 copay (per lab) then plan pays 100%
X-rays and Diagnostic Imaging (Non Emergency Room Only)	\$75 copay (per image) then plan pays 100%
Advanced Imaging (CT, PET Scans, MRIs) (Non Emergency Room Only)	\$500 copay (per image) then plan pays 100%
Prescription Drugs (Generic Only)	\$15 copay then plan pays 100%
Life AD&D Benefit	\$10,000
RealTime Services	
RealTimeTelemed	Unlimited Calls
RealTimeChoices	Unlimited Access
RealTimeHealth	100% Covered

Minimum Essential Coverage (MEC) Heavy Plus Plan

• This plan includes everything in the MEC Heavy plan, with the addition of the indemnity benefits.



MEC Heavy Plus Plan (offered through Key Benefit Administrators Inc.)

(offered through Key Benefit Administrators Inc.)			
Covered Benefits	In-Network		
Hospital Indemnity	\$400 per day with 150 day benefit period maximum.		
Initial Hospital Admission Daily Indemnity Benefit	\$1,000 1-day benefit with a maximum of 1 admissions per benefit period.		
Inpatient Surgery & Anesthesia Daily Indemnity Benefit	\$800 daily benefit with a maximum of 1 day per benefit period. Includes a 20% Daily Anesthesia Benefit.		
Outpatient Surgery & Anesthesia Daily Indemnity Benefit	\$400 daily benefit with a maximum of 1 day per benefit period. Includes a 20% Daily Anesthesia Benefit.		
Intensive Cafe Daily Indemnity Benefit	\$400 daily benefit with a maximum of 30 days per benefit period.		
Outpatient Physician Office Visit Benefit (PCP and Specialist Visits)	\$100 daily benefit with a maximum of 3 days per benefit period.		

Emergency Room Benefit

\$200 daily benefit with a maximum of 1 days per benefit period.



- Compliant with the Patient Protection and Affordable Care Act (PPACA).
- Comprehensive, high deductible medical plan. The deductible must be met in order for the plan to provide 100% coverage.
- This plan covers Inpatient Hospital services.
- No Out-of-Network coverage

Specialty Drugs and Compounds

• No Out-of-Network coverage.			
Bronze-Level Minimum Value Plan			
In-Network	In-Network		
Deductible (Single / Family)	\$6,500 / \$13,200		
Coinsurance	60% (plan portion)		
Out-of-Pocket Maximum (Single / Family)	\$6,500 / \$13,200		
Emergency Room Services	\$6,500 deductible		
Inpatient Hospital Services	\$6,500 deductible		
Primary Care Visit to Treat an Injury or Illness	\$50 copay and 60% Co-Insurance		
Specialist Visit	\$70 copay and 60% Co-Insurance		
Mental/Behavioral Health and Substance Abuse Disorder Services	NOT COVERED		
Advanced Imaging (CT, PET Scans, MRIs)	\$6,500 Deductible		
Rehabilitative Speech Therapy	NOT COVERED		
Rehabilitative Occupational and Rehabilitative Physical Therapy	NOT COVERED		
Preventive Care/Screening/Immunization (MEC)	Cover 100% of the government's 84 listed Preventive and Wellness Benefits		
Laboratory Outpatient and Professional Services	\$6,500 Deductible		
X-rays and Diagnostic Imaging	\$6,500 Deductible		
Outpatient Facility Fee	NOT COVERED		
Outpatient Surgery Physician/Surgical Services	NOT COVERED		
Chronic Disease Management (CDM) Benefit	Covered Services at 100% (61) for 26 Predefined Chronic Diseases		
Life AD&D Benefit	N/A		
RealTimeChoices Transparency Program	Unlimited Access		
RealTimeHealth Diabetic Program	100% Covered		
Prescription Drugs			
Generic Drugs	\$6,500 Deductible		
Certain Preferred Brand Drugs	\$6,500 Deductible		
Certain Non-Preferred Brand Drugs	NOT COVERED		

NOT COVERED



COMPARE THE PLANS	Option 1: PP	0	Option	1 2:PPO
Network	DentalGuard Preferred		DentalGuard Preferred	
Your Monthly Premium You and Spouse You and Child(ren) You, Spouse and Child(ren)	\$11.49 \$23.25 \$25.90 \$37.79		\$39 \$44	9.54 9.61 4.02 4.23
Calendar Year Deductible Individual Family limit Waived for	\$50 3 per family	of-Network \$50 eventive	In-Network \$50 3 per Preventive	Out-of-Network \$50 family Preventive
Charges Covered For You (co-insurance) Preventive Care (e.g. cleanings) Basic Care (e.g. fillings) Major Care (e.g. crowns, dentures) Orthodontia	In-Network Out- 100% 50% 0% Not Covered	of-Network 100% 50% 0%	In-Network 100% 90% 60% 50%	Out-of-Network 100% 80% 50% 50%
Annual Maximum Benefit	\$500	\$500	\$1000	\$1000
Maximum Rollover Rollover Threshold Rollover Amount Rollover In-network Amount Rollover Account Limit	No		\$5 \$2 \$3	es 200 250 250 200
Lifetime Orthodontic Maximum	Not Applicable	2	\$1,	000
Dependant Age Limits (Non-Student/Student)	20/26		20	/26



	Option 1	Option 2
Exam	\$10 Copay	\$10 Copay
Materials	\$25 Copay	\$25 Copay
Frequency Exam Lenses Frames	12 Months 24 Months 24 Months	12 Months 12 Months 24 Months
Frames	Frames \$120 allowance, 20% off any amount over allowance	Frames \$120 allowance, 20% off any amount over allowance
Lenses Single Vision Lenses Bifocal Lenses Trifocal Lenses	Covered 100% After Applicable Copays	Covered 100% After Applicable Copays
Monthly Premiums		
Employee Only	\$4.29	\$5.08
Employee + 1	\$6.22	\$7.36
Family	\$11.15	\$13.20

Vision coverage is through VSP.



Group Term Life

- Insurance is through Companion Life.
- Policies for dependents can be elected if an employee elects policy on themselves.
- Accidental Death and Dismemberment (AD&D) could increase the amount of the benefit if the death is due to an accident. This is an add on to the life benefit.

Group Term Life				
	Increments	Maximum	AD&D	
Employees Any newly eligible employees electing within their initial enrollment period, elections of up to \$50,000 will not require any Evidence of Insurability.	\$5,000	\$50,000	Available	
Spouse Any newly eligible employees electing amounts of \$25,000, or employees who wish to purchase for the first time after their initial enrollment, will be required to submit Evidence of Insurability.	\$5,000	50% of employee amount up to \$25k	Available	
Dependent Child(ren) All guaranteed issue.	\$1,000	\$10,000	Not Available	

Amount of benefit equals amount of life benefit elected.



Short Term Disability Insurance

Short Term Disability Insurance is a program designed to help maintain your family's current lifestyle and plans for the future if you become disabled outside of the workplace.

- Short term disability insurance is available for purchase through Companion.
- Pays a portion of your weekly salary if you were to become unable to work due to a sickness or an injury that happened outside of the workplace.
- Covers pre-existing conditions after 12 months from the effective date of the coverage.
- This benefit also provides payment for 6-8 weeks for maternity care if pregnancy begins after the effective date of coverage.
- Eligible Employees must be actively working prior to the effective date of coverage and work 20 hours or more per week.
- All plans provide a \$2500 Accidental Death and Dismemberment benefit.

Plan Options

Employees have the option of three (3) plan designs and flexible weekly benefits to choose from. The Companion Life Short Term Disability program has the benefit that works for you and your family. Below is an overview of the plans and weekly benefits to choose from. Your annual salary can help you find the plan that is right for you and your family.

PLAN	BENEFITS BEGIN	BENEFITS BEGIN	DURATION
	Accidents	Sickness	
Plan 1	8th Day	8th Day	13 Weeks
Plan 2	8th Day	8th Day	26 Weeks
Plan 3	15th Day	15th Day	52 Weeks

•	,		
Amounts of Benefits Available			
For the Benefit	Annual Salary Must Be at Least:		
\$150 per week	\$11,700		
\$200 per week	\$15,600		
\$250 per week	\$19,500		
\$300 per week	\$23,400		
\$350 per week	\$27,300		
\$400 per week	\$31,200		
\$450 per week	\$35,100		
\$500 per week	\$39,000		
\$550 per week	\$42,900		
\$600 per week	\$46,800		
\$650 per week	\$50,700		
\$700 per week	\$54,600		
\$750 per week	\$58,500		
\$800 per week	\$62,400		

Limited Benefit Medical Insurance

- Provides supplemental coverage to your medical plan.
- Not suitable to take the place of a medical plan.
- This plan reimburses a fixed dollar amount for a wide array of medical services.
- Provides Access to Health Advocate a program that assists participants in navigating health issues with the assistance of a counselor.

Inpatient Benefits	Economy Plan	Standard Plan	Premier Plan
Hospital Indemnity Benefits Paid per Day of Confinement Number of Days Allowed per Calendar Year	\$300 150	\$500 150	\$1,000 150
Intensive Care Benefits Paid per Day of Confinement Number of Days Allowed per Calendar Year	\$600 30	\$1,000 30	\$2,000 30
Mental Illness / Substance Abuse Benefits Paid per Day of Confinement Number of Days Allowed per Calendar Year	\$300 30	\$500 30	\$1,000 30
Skilled Nursing Benefits Paid per Day of Confinement Number of Days Allowed per Calendar Year	\$150 30	\$250 30	\$500 30
Outpatient Benefits			
Calendar Year Outpatient Maximum	\$1,000	\$1,500	\$2,000
Physician Office Visit Benefits Paid per Day	\$50	\$60	\$60
Diagnostic X-Ray & Laboratory Benefits Paid per Day	\$50	\$60	\$60
Wellness Benefits Paid per Day	\$75	\$100	\$150
Emergency Room (Accident & Sickness) Benefits Paid per Day	\$75	\$75	\$75
Life Insurance Benefits			
Life Insurance - Employee	\$6,000	\$6,000	\$11,000
AD&D Insurance - Employee	\$6,000	\$6,000	\$11,000
Dependent Life - Spouse	\$3,000	\$3,000	\$3,000
Dependent Life - Child (15 Days - 6 Months)	\$750	\$750	\$750
Dependent Life - Child (6 Months - 25 Years)	\$3,000	\$3,000	\$3,000

	CARRIER CONTACT INFORMATION	
Carrier	Website	Contact
Benefits	https://benefits.hcsgcorp.com/	benefits@hcsgcorp.com
Key Solutions	https://www.kbasolution.com/	1-877-851-0906
Companion	https://www.kbasolution.com/	1-877-851-0906
Colonial	https://www.coloniallife.com/	1-800-325-4368
Guardian/VSP	https://www.guardiananytime.com/	1-888-600-1600



Additional Voluntary Benefits offered through Colonial Life

Critical Illness Insurance

Pays a lump sum benefits upon diagnosis of a covered critical illness such as a heart attack (myocardial infarction), end stage renal failure, coronary artery bypass surgery, stroke or major organ transplant.

Hospital Confinement Indemnity Insurance (Medical Bridges)

is designed to help you with the rising costs associated with a covered hospital confinement or covered outpatient surgery. This benefit is available for HCSG major medical participants.

Accident Insurance

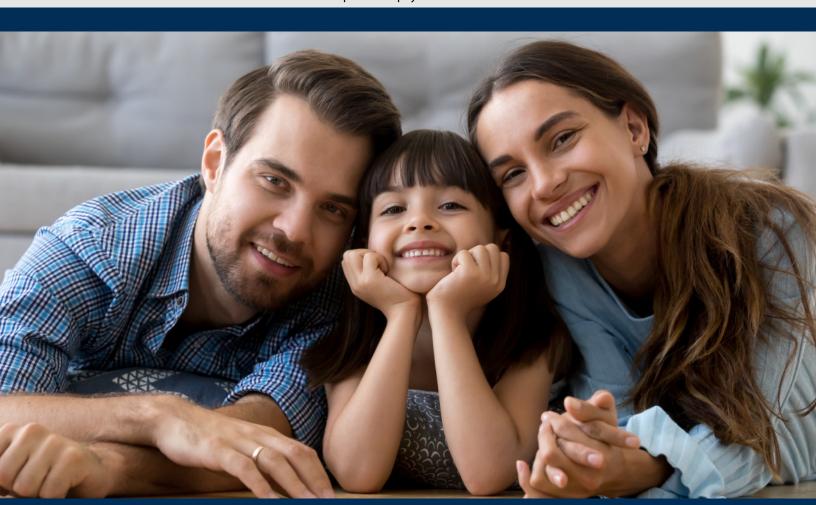
helps offset the unexpected medical expenses, such as emergency room fees, deductibles and co-payments that can result from a covered accident.

Cancer Insurance

helps offset the out-of-pocket medical and indirect non-medical expenses related to cancer diagnosis and treatment.

Universal Life Insurance

provides death benefit coverage that you can increase or decrease as your needs change. The policy builds cash value on a tax-deferred basis at current interest rates and premium payments are flexible.



EMPLOYEE STOCK PURCHASE PLAN

An ESPP is a stock ownership plan that allows you to purchase Healthcare Services Group's (HCSG) shares of stock, at a 15% discount, with funds deducted from your paychecks.

- Allows employees to purchase stock of the Company through after tax payroll deductions.
- Has a one year look back. The employee's purchase price is based on the lower of the beginning or end of the plan year stock price.
- Employees receive a 15% discount on their purchase price.

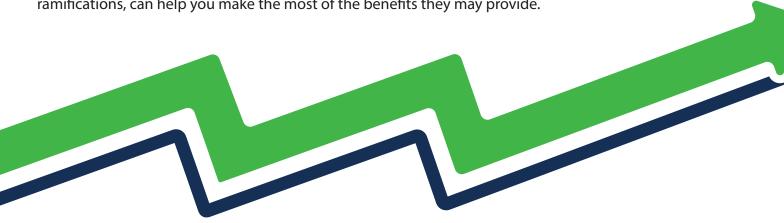
To be eligible the employee must meet the following criteria:

- As of the last day of the preceding plan year, have completed two continuous years of service with the company for the previous two years.
- Have been regularly scheduled to work more than 20 hours per week.
- Are employed by the Company on the last day of the plan year.
- Participate in the program for the full year.

Enrolling in your HCSG's ESPP

During the enrollment period you will be able to specify your contribution as a fixed dollar amount. Your contribution will be automatically deducted from your regular paycheck.

Participating in an employee stock purchase plan can be an important part of your overall financial picture. Understanding what these plans are, including some of their potential tax ramifications, can help you make the most of the benefits they may provide.



Healthcare Services Group, Inc. has an Employee Stock Purchase Plan (ESPP). It is the intention of the company for the plan to qualify as an Employee Stock Purchase Plan under Section 423 of the Internal Revenue code.

HCSG EMPLOYEE STOCK PURCHASE PROGRAM MANAGED BY ETRADE

